

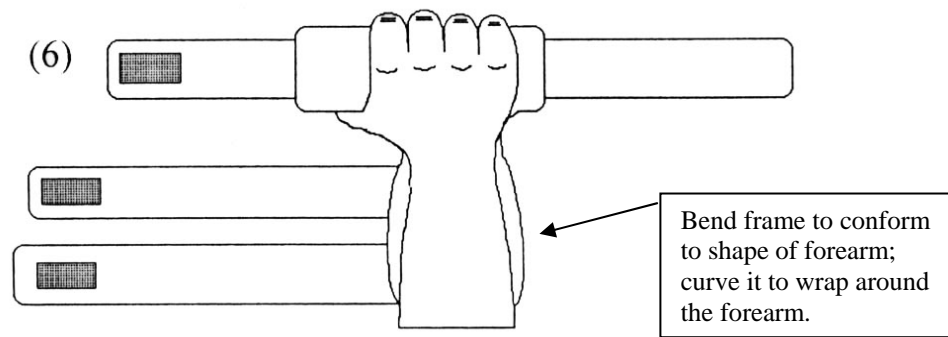
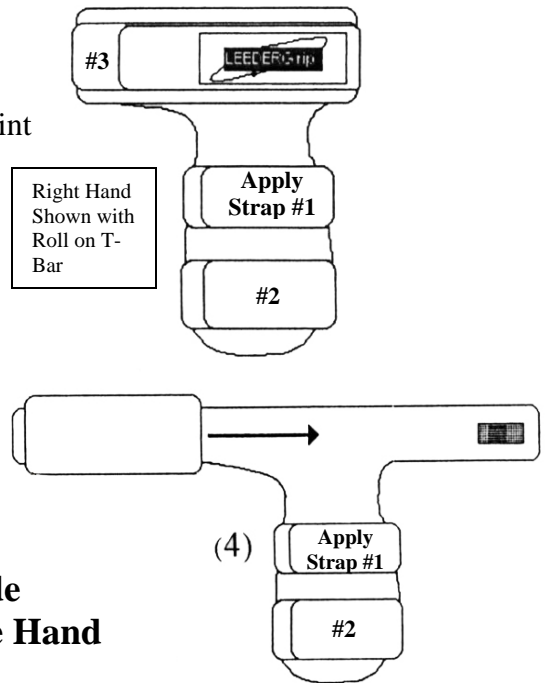
# LG 1-2-3 PRO-GRIP ORTHOSIS

## w/ Flex-E-Core & Easy 1-2-3 Strap Guide

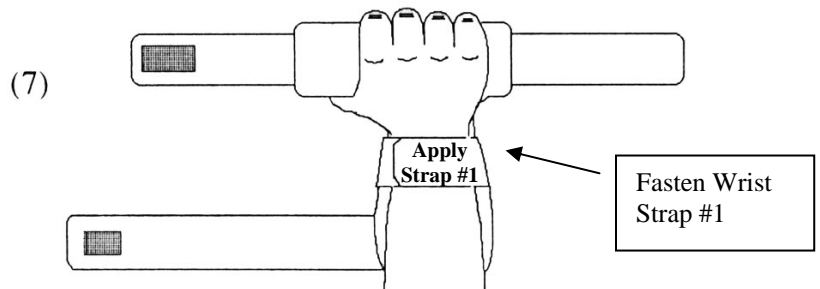
### Fitting Instructions

WHFO Hand Splint

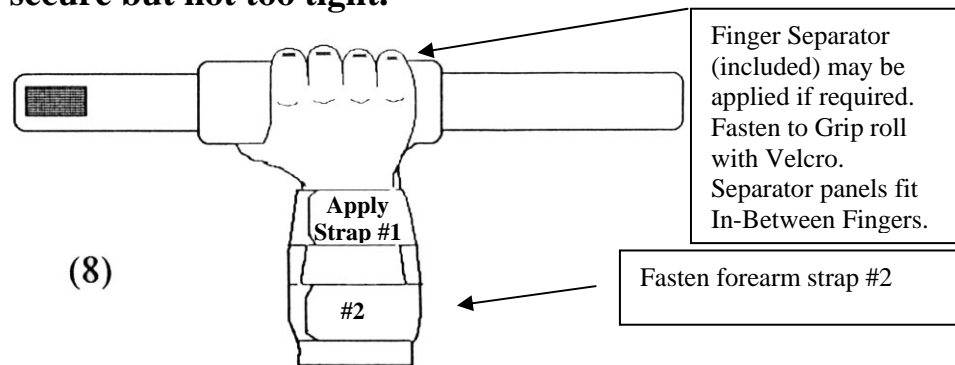
1. **Remove the splint from the package and determine which of the hand rolls will be used (small, medium or large).**
2. **Place the Hand rolls in the mesh laundry bag.**
3. **Unfasten all Hook and Loop closures.**
4. **For extreme contracture initially use the Palmar T-Bar without Hand rolls. As the contracture weakens, add Hand roll(s) to increase the palmar opening. To do so, slide Hand roll(s) over T-Bar. You may combine Hand rolls to vary the size.**
5. **Assess the degree of wrist contracture. Bend the splint to the appropriate position to fit the degree of wrist contracture and/or deviation. Flex-E-Core is stiff to resist tone; bend as necessary.**
6. **Place the hand on the splint. Check the wrist to assure a proper fit. Re-adjust as necessary. Bend to conform to the forearm.**



7. **Fasten the hook and loop closure over the wrist (Apply Strap #1). Check that it is secure but not too tight.**

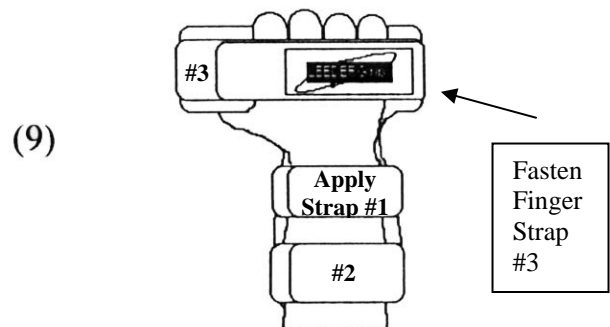


8. **Fasten the Hook and Loop closures over the forearm (#2). Check that it is secure but not too tight.**



9. **Fasten the Hook and Loop closures over the fingers (#3). Check that it is secure but not too tight.**

10. **Assess the hand for adverse reactions frequently (at least every hour initially). Thereafter, remove the splint and assess the hand at least once every shift.**



## Laundry Instructions

***Note: refer to facility infection control regulations.***  
**Contraindications: Check every hour during first shift and then at least once per shift for redness or swelling.**

### Covers:

Remove cover from splint.  
 Fasten all Hook and Loop closures.  
 Place in mesh laundry bag provided.  
 Machine wash in warm water and rinse thoroughly.  
 Tumble dry No Heat.

**Important: Inspect for irritation, redness, swelling or any negative reaction, especially First Shift.**

### **Flex-E-Core Technology: Adjust it anyway you like!**

Clean with mild detergent and rinse thoroughly.  
 Completely dry with a soft cloth.

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