

# AIR Knee / Elbow Instruction Supplement

"Since 1996"



Give More Care for LESS COST ... The LEEDer way

**The “air” option Knee / Elbow provides therapists with more adaptive strategies for dealing with contracture. Two air bladders are included each with a Velcro connecting cover and (1) inflator/deflator pump. Use one or both bladders with or without the hinges; use with hinges as contraction severity decreases.**

- 1. Open splint body and unwind straps.**
- 2. Open hinge covers and remove hinges.**
- 3. Apply splint to Knee / Elbow; close body of splint snugly around Knee / Elbow. Place Air bladders where hinges were located or as appropriate.**
- 4. Re-wind or close outer straps.**
- 5. Install Full Control Patella wrap if severe contracture is present to transfer outward forces properly inward.**
- 6. Inflator/deflator pump: insert tip of pump into valve stem on bladder. Apply slight pressure to push the tip check valve open and pump air in or out.**
- 7. Adjust Air pressure according to contracture and/or use Goniometer for a sure fit.**
- 8. Re-adjust straps and air pressure as necessary to ensure appropriate therapeutic fit.**
- 9. Check within first hour for contraindicative reaction and at least once a shift thereafter.**

*Guarantee: The Orthosis is guaranteed to be free of defects and to function properly under normal operating conditions.*

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